

Brockton High School

GUIDANCE NEWSLETTER

Editorial Staff: Ms. De Faria, Ms. Downey, Ms. Goldsboro, Dr. McNeil Pleasant,
Ms. Rubilar and Mrs. Williamson

TERM ONE 2019/2020



IMPORTANT FALL DATES

OCTOBER

- | | |
|----|--|
| 1 | FAFSA available online |
| 2 | Mini College Fair
Red Café |
| 2 | Financial Aid Night
Stonehill College |
| 3 | SAT- November
Registration Deadline |
| 3 | Early Release-
In Service |
| 4 | Early College
Freshman Seminar |
| 5 | SAT October Test |
| 9 | Mini College Fair
Red Café |
| 14 | Columbus Day
No-School |
| 16 | Mini College Fair
Red Café |
| 17 | Parent-Teacher
Conferences |
| 22 | Mini College Fair
Red Café |

NOVEMBER

- | | |
|-------|--------------------------------------|
| 5 | Election Day
No-School |
| 7 | Term I ends/grades close |
| 8 | December SAT
Deadline to Register |
| 11 | Veteran's Day No-School |
| 27-29 | Thanksgiving Recess |

GUIDANCE CONTACT INFORMATION:

Green House: 508-580-7415

Red House: 508-580-7425

Azure House: 508-580-7435

Yellow House: 508-894-4405



WELCOME TO BHS CLASS 2023

Transitioning into High School

The beginning of the school year can be a hectic time, especially when starting at a new school. Freshmen year is a huge transition from middle school. At BHS you are in a new and huge building, all teachers and staff have new faces, and you need to get familiar with new policies/rules. All this can be a little chaotic. But, we want you to know, that regardless, you can be successful at BHS. In our Freshman Seminar the guidance department informed you and explained you about the many supports for you at BHS. Here are some key points that will help you be successful:

Get involved:

BHS has many clubs and activities in which you can participate. Each guidance office has an updated list of extracurricular activities. Check the list on the back of this newsletter. For additional information, pay close attention to the electronic boards in each cafeteria and to the announcements made every morning.

Meet regularly with your Guidance Counselor:

You want to make sure your counselor gets to know you well. He or she will be able to provide you with guidance about courses and programs that can match your career interests or that can help you explore your future options. So, get to know your counselor so he/she can help you make the best choices for your career and college readiness.

Get familiar with the BHS attendance policy:

This might be a big change from middle school. You are only allowed three unexcused absences per term. Any additional absence and you will automatically fail your courses. If you have a passing grade, your passing grade will be replaced with a 59. So, if you have currently more than three absences see your Assistant Dean. You may be able to work hard and obtain a *Buy Back*.

Use your many options for academic support:

Your teacher should be your first resource. Stay with your teacher after school whenever you feel that you are not understanding the class materials. You can also report to the Freshmen PACT mentors who are available in room B122, Monday, Tuesday and Wednesday. You can also request a tutor during the day if you have a Directed Academic. To get a tutor talk to your counselor. Just remember, if you're feeling overwhelmed or confused, you're not alone! Make sure to ask for help when you need it.

The Guidance Department is always here to help and make your freshmen year as successful as possible!

Developmental Guidance Workshops

The Guidance Department frequently visits your classrooms and conducts various developmental workshops. We enjoy getting out of our offices and seeing our students and their teachers throughout the school. Early September we visit freshmen and conduct a Freshmen Seminar. Topics include tips on how to be a successful student, as well as BHS supports, rules and policies. Bilingual counselors periodically conduct the "Success @ BHS" orientation program, with newly entered students focusing on similar topics, as well as additional issues related to life here in America for newcomers. Also, we meet with seniors and present information about future planning. Much of the discussion includes details on post-secondary options, selecting the right college and the application process.

In October, we meet with our freshman,

again, to talk about early college planning. This discussion focuses on what colleges are looking for when they review candidates for admission. It's never too early to start planning for the future! Later on in the school year, we will be going into sophomore classrooms to discuss topics relevant to the tenth grade, such as MCAS, college entrance exams, and study skills. Our juniors will hear about exploring a career path and planning for life after BHS. We will re-visit our freshmen later on this year and conduct a lesson on calculating grade point averages. As we prepare our seniors for graduation we will conduct a scholarship workshop in late winter.

We look forward to seeing you in your classrooms right up until the end of the year. Our group lessons are designed to benefit everyone in their classroom settings but please remember you're always welcome to see your counselor individually in the Guidance office.

Stop by guidance whenever you need help !

BHS 2019-2020 CLUBS

African American Club
 Asian Club
 Book Club
 Boxer Buddies
 Boxer Community Outreach
 Brockappella Harmonics
 Cape Verdean Club
 Caribbean Club
 Chess Club
 D.E.C.A.
 Drama Club
 Dungeons and Dragons
 Envirothon Club
 Empower Yourself Club
 Foreign Language Honor Society
 Future Teachers of America
 Gay-Straight Alliance
 Gospel Choir Club
 Haitian Club
 Journalism Club
 JROTC Drill
 JROTC Raiders
 Latin American Student Organization (LASO)
 Latin Club
 Law & Debate Club
 Majorettes
 Math Club
 Medical Career Club
 National Honor Society
 Nerd Club
 PACT
 Prayer Unit Club
 S.A.D.D.
 Science Club

HEALTHY TIPS



Exercise



Eat Healthy Foods



Avoid Bad Habits



Sleep and Think Positively

SENIOR CORNER



Financing your Education

Fill out the FAFSA in October? If you have not already done so start by obtaining your FAFSA ID. Check the Financial Aid Deadline for your college because this deadline is usually different than the college application deadline. Contact the financial aid office at the college of your choice. They can often help you through the process and provide you information about additional scholarships, need based aid, and work study opportunities. If you are attending a Private college, did you check to see if your college uses the CSS Profile application? This application can be found on College Board.

There are many scholarships available to meet the needs of all students and college career plans. Once you apply for aid, then along with receiving college acceptance letters you should be receiving a document called an Award Letter that identifies the different sources of aid that you may be eligible for: Scholarships, Loans, Grants, Need based aid and college work study.

In the spring, take time to review your letters and develop a financial plan that make sense for you. If you have not received as much aid as you need to pay for college, speak with your college's financial aid office about additional resources. Also, be sure to apply for as many scholarships as you can. Remember to complete the BHS scholarship application found on the Brockton Public Schools website in the spring. Remember this is time well spent and money from here may help with your books and college needs that you may not anticipate.

Good luck!

SUCCESS AT BHS

Keep track of your grades using Infinite Campus. Click on the email link in the top right corner of the BPS web page.

Enter your ID and Birth Date

Follow the link. Enter your e-mail address:

ID# @bpsma.org

Password is your birthdate followed by the letters "bps" and the numbers 2019

Password Example: 01012009bps2019

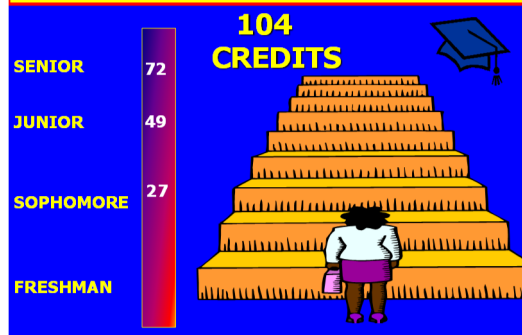
Same login as you use for the computers

<https://login.microsoftonline.com>

BHS MINIMUM REQUIREMENTS FOR GRADUATION

SUBJECT	# OF CREDITS	LENGTH
ENGLISH	24 CREDITS	8 semesters
MATH	18 CREDITS	6 semesters
SCIENCE	15 CREDITS	5 semesters
SOC. SCI.	15 CREDITS	5 semesters
WELLNESS	6 CREDITS	4 semesters
ELECTIVES	26 CREDITS	
TOTAL	104 CREDITS	4 YEARS

GRADUATION REQUIREMENTS



SUCCESS AT BHS

Keep track of your credits and your graduation status. Remember that you get credits by passing a course despite of the final grade. However, also remember that each class counts towards credits but that you must have certain number of credits in each subject.

Check the information on the pictures in this section. Keep track of the credits you need to earn to move from one year to another and for graduation.

Make your best to be in school every day!