



PARENTS' ACADEMY: Diversity, Equity, Unity
School Registration & Parent Information Center
Dr. Soraya Présumé Calixte: (774) 517 7081 / 508 580 7950 X 1312



Parents' Academy, Student Support Services in coordination with Standpoint Behavioral Health is presenting:

A six-part series on the impact of trauma and anxiety on students, parents, communities and educational institution and team members.
(special consideration given to impact of prolonged trauma exposure due to COVID-19)



By:

Richard Booth, PhD, LMHC

Consultant/ Workshop Presenter/ Licensed Mental Health Counselor

Zoom Link: <https://bpsma-org.zoom.us/j/82217673755>

❖ **Session 1: Trauma of Our Communities April 13, 2021 @ 6:00 p.m.**

Introduce key concepts and neurobiological underpinnings of trauma and anxiety, including an exploration of how individuals & communities have been impacted by trauma and anxiety.

❖ **Session 2: Lifespan Development: April 27, 2021 @ 6:00 p.m.**

Explore the development of our children throughout the multiple phases of their life journeys.

❖ **Session 3: The importance of Caregivers in their Child's Educational Success: May 4, 2021 @ 6p.m.**

Examine and acknowledge the importance that caregivers play in their child's education.

❖ **Session 4: Self-Care and Improved Wellbeing: May 11, 2021 @ 6:00 p.m.**

In-depth examination of the multiple spheres of life impacted by stress, anxiety, and trauma, (e.g., financial, environmental, emotional, physical, behavioral, educational, occupational, and spiritual).

❖ **Session 5: Conflict Management/De-Escalation: May 18, 2021 @ 6:00 p.m.**

Increase the knowledge and practical techniques for parents to use to defuse stressful conflicts and confrontations.

❖ **Session 6: How to Improve Parent and School Relationships: May 25, 2021 @ 6:00 p.m.**

Explore the multiple demands being placed on both parents and educators. Explore concepts and skills with a focus on the real-world experiences.

Please, go to the BPS Parents' Academy website page for more details on each topic!

Your presence matters!



Joignez-vous à une présentation du Dr Booth sur l'impact des traumatismes et de l'anxiété sur les élèves, les parents, les collectivités, les établissements d'enseignement et les membres de l'équipe; chaque semaine, le Mardi à 18 heures.

<https://bpsma-org.zoom.us/j/82217673755>

13 Avril, 27 Avril, 4 Mai, 11 Mai, 18 Mai et 25 Mai 2021

Rantre nan yon prezantasyon pa Dr. Booth sou enpak twomatis ak enkyetid sou elév, paran, kominate ak enstitisyon edikasyonél ak manm ekip yo.

Chak semen nan Madi nan 6é nan aswé.

<https://bpsma-org.zoom.us/j/82217673755>

13 Avril, 27 Avril, 4 Mai, 11 Mai, 18 Mai et 25 Mai 2021

Junte-se a uma apresentação do Dr. Booth sobre o impacto do trauma e ansiedade nos alunos, pais, comunidades e instituições de ensino e membros da equipa.

Todas as semanas, na terça-feira, às 18h.

<https://bpsma-org.zoom.us/j/82217673755>

13 de Abril, abr 27, 4 de Maio, 11 de Maio, 18 de Maio e 25 de Maio de 2021

Únase a una presentación del Dr. Booth sobre el impacto del trauma y la ansiedad en los estudiantes, padres, comunidades e instituciones educativas y miembros del equipo.

Todas las semanas los Martes a las 6 p.m.

<https://bpsma-org.zoom.us/j/82217673755>

13 de Abril, 27 de Abril, 4 de Mayo, 11 de Mayo, 18 de Mayo y 25 de Mayo de 2021

