

Guidelines for Freshmen

While everything seems upside down right now, we will get through this together. Remember, every Freshman in the nation is in the same boat as you are. We want to help you make the best of your high school career. There is many things you can do to move forward with your education even if not physically at the school.

- **Read the Guidelines for ALL BHS Students:** Before moving down this list, make sure to read and follow the [Guidelines for ALL BHS Students](#) on the BPS website>Our Schools>BHS>Guidance.
- **Work on your Sophomore schedule:** [Work with your guidance counselor](#) to make an academically challenging but balanced schedule for sophomore year. Consider requesting to move up to CPA or Honors and applying for Advanced Placement US History if your grades are strong. If you already have a career interest in mind, take courses that would help you further explore it; otherwise, challenge yourself to take courses that would allow you to explore careers. You never know. Information about scheduling, including forms, can be found in the BPS website under Our Schools>BHS> [Guidance](#).
- **Continue with your College and Career Education (MY CAP Activities):** On the BPS Website click on [Learning at Home> 6-12 Resources](#) and read the **MEFAPathway Registration Instructions**. Complete your registration if you do not have one. Make sure to follow the Directions and Activities assigned to your grade under Registration Instructions. Learn about yourself and explore careers that relate to your skills and interests. This will help you identify electives for next year. Refer to the **suggested high school courses** highlighted on the left under **Career Overview** according to your findings. Begin to learn about the many aspects of your selected careers and occupations including training/education needed. This will help you build your Career Plan.
- On the BPS website under [Learning at Home> 6-12 Resources](#), find **MCAS practice tests**. Use them to begin sharpening your academic skills in preparation for next year MCAS tests.
- Use <https://www.collegeboard.org/> to **learn more about the PSAT** by visiting collegeboard.org. We recommend that you create an account and save your log in information. Some of you will be taking the test next year and others in October of your Junior year.
- When we return to school, become involved in extracurricular activities, field trips, and community activities that interest you as this enables you to explore careers. Also, meet with your guidance counselor to discuss your questions and concerns about potential post-secondary (after high school) options for you.
- Begin exploring Virtual College Fairs. Here is a resource: [Strive: Virtual Exploration Week](#). There is a number of additional resources for this effect listed under **BHS> Guidance>[College and Career Preparation](#)** in the BPS website.
- Finally, remember that we are all in this together and WE MISS YOU! Don't hesitate to reach out to [your guidance counselor](#) with any questions!